



A&K Consulting

# *Peer Support Instructor Training*

*Train. Lead. Transform.*

## **Training Details:**

- September 15-17, 2025
- 8:00 A.M. – 5:00 P.M. each day
- Jefferson College Law Enforcement Academy: 1687 Missouri State Road, Arnold, MO 63010
- Cost: \$695 per person

## **Why Attend?**

When you complete this 3-day course, you'll earn the ability to train others by becoming a certified instructor in **THREE critical areas** of peer support and wellness. This isn't just training—it's a leadership opportunity that empowers you to drive change from within your agency.

- Peer Support
- Peer Support Refresher
- Resiliency for First Responders

You'll walk away with the skills, confidence, and resources to lead, support, and teach peer-based wellness programs—creating a ripple effect that strengthens your entire department.

## **What You'll Gain**

- ✓ **Instructor-Level Certification** – Lead your agency's internal peer support initiatives
- ✓ **Scenario-Based Learning** – Train with real-life simulations, not just theory
- ✓ **Crisis Recognition Skills** – Learn to spot early signs of stress and trauma
- ✓ **Effective Teaching Techniques** –

- Build trust in the classroom
- Lead tough conversations
- Boost retention with active learning
- Create psychological safety

- ✓ **Peer-Led Insight** – Learn from instructors with real world experience
- ✓ **Ongoing Support** – Access materials and consultation after the course

**Missouri Peace Officers: POST-Approved!**

Earn **24.00 Hours of Interpersonal CE Credit**  
**POST Control #29045**

**This isn't just training. It's a foundation for change.** Stand shoulder to shoulder with First Responders who aren't just talking about change—they're leading it. They know that real strength starts within, and they're building teams grounded in trust, resilience, and purpose.

## **Register Now**

Scan the QR code or click here: [Peer Support Instructor Training Registration](https://www.a-kconsulting.net/registration)

Contact Kevin Erickson: [kevin@kconsulting.net](mailto:kevin@kconsulting.net) | 712-898-5041 | <https://www.a-kconsulting.net>

