



Jefferson College Law Enforcement Academy

a CALEA accredited training facility

4400 Jeffco Blvd. Arnold, Missouri 63010

636-481-3425 -or- 636-481-3481 -or- FAX: 636.467.2612



De-Escalation: Responding to Individuals in Crisis & Understanding Co-Occurring Conditions

Date: May 21, 2019

Time: 0800-1200 hours

Location: Jefferson College Imperial Law Enforcement Academy
4400 Jeffco Blvd.
Arnold, MO 63010

Room 207

Instructor (s): Megan Swaback, COMTREA

Registration Deadline: May 14, 2019

Intended Audience: Law Enforcement Personnel and Mental Health Professionals

Course Description:

De-Escalation: Responding to Individuals in Crisis: Designed for officer's who wish to respond more effectively to calls involving persons in a mental health crisis. Emphasis will be on using effective communication as the primary skill in de-escalation. Participants will gain an understanding of the impact that mental health conditions can have on communication. Also, participants will identify factors that lead to the escalation of emotions/behavior, and will be introduced to communication skills which build rapport, de-escalate intense emotions and behavior, resulting in better outcomes.

Understanding Co-occurring Conditions: Mental Health & Substance Use Disorders: This training focuses on mental health conditions and substance use disorders. Participants will gain knowledge about co-occurring conditions, mental health conditions, substance use, treatment of these conditions and the costs of treatment. Participants will learn how to interact with a person who has a mental health condition, and identify resources available.

Dress Code: Business Casual

P.O.S.T. Core Curricula	Interpersonal Perspectives	Legal Studies	Skill Development	Technical Studies	TOTAL
P.O.S.T. Hours:	2	0	0	2	4
Additional Information					

Certificates Issued by: Jefferson College Law Enforcement Academy

Cost: *Contract members* \$0.00 *No contract* \$0.00

Class Limits: *Maximum* # 35 participants *Minimum* #10 participants

***Attendance Requirement:** In order to certify attendance, participants must be present for all training hours.

To register for this course call: 636-481-3425 -or- 636-481-3481 -or- FAX: 636.467.2612

Name: _____ Telephone: _____

Department: _____ Rank/Assignment: _____