



# Jefferson College Law Enforcement Academy

a CALEA accredited training facility

4400 Jeffco Blvd. Arnold, Missouri 63010

636-481-3425 -or- 636-481-3481 -or- FAX: 636.467.2612



## Understanding Co-Occurring Conditions: Mental Health & Substance Use Disorders – De-Escalation: Responding to Individuals in a Mental Health Crisis

**Date:** April 11, 2023

**Time:** 0800-1200 hours

Jefferson College Imperial Law Enforcement Academy

**Location:** 4400 Jeffco Blvd.  
Arnold, MO 63010

Room 207

**Instructor (s):** Megan Swaback, COMTREA

**Registration  
Deadline:** April 3, 2023

**Intended Audience:** Commissioned Law Enforcement and Mental Health professionals

This training focuses on mental health conditions and substance use disorders. Participants will gain knowledge about co-occurring conditions, mental health conditions, substance use, treatment of these conditions and the cost of treatment. Participants will learn how to interact with a person who has a mental health condition, and identify resources in the area to assist a person with a mental health condition or substance abuse disorder.

**Course Description:** De-escalation is designed for law enforcement officers who wish to respond more effectively to calls involving persons in a mental health crisis. Emphasis will be on using effective communication as the primary skill in any de-escalation effort. Participants will gain an understanding of the impact that mental health conditions can have on communication. Participants will be able to identify factors that lead to the escalation of emotions and behavior, and will be introduced to communication skills which build rapport, de-escalation intense emotions and behavior, and result in better outcomes from the mental health crisis.

**Dress Code:** Business Casual

P.O.S.T. Core Curricula	Interpersonal Perspectives	Legal Studies	Skill Development	Technical Studies	TOTAL
P.O.S.T. Hours:	2	0	0	2	4
Additional Information					

**Certificates Issued by:** Jefferson College Law Enforcement Academy

**Cost:** *Contract members* \$0.00 *No contract* \$0.00

**Class Limits:** *Maximum* # 26 participants *Minimum* #10 participants

**To register for this course call: 636-481-3425 -or- 636-481-3481 -or- FAX: 636.467.2612**

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Department: \_\_\_\_\_ Rank/Assignment: \_\_\_\_\_