



# Jefferson College Law Enforcement Academy

CALEA accredited training facility

4400 Jeffco Blvd. Arnold, Missouri 63010

636-481-3425 -or- 636-481-3481 -or- FAX: 636.467.2612



## Understanding Mental Health in Youth & Understanding Autism Spectrum Disorder

**Date:** March 1, 2023

**Time:** 0800-1200 hours

Jefferson College Imperial Law Enforcement Academy

**Location:** 4400 Jeffco Blvd.  
Arnold, MO 63010

Room 207

**Instructor (s):** Megan Swaback, COMTREA

**Registration Deadline:** February 21, 2023

### Understanding Mental Health

This training provides an overview of the major mental health conditions that law enforcement is likely to encounter. A description of each condition will be provided along with tips for law enforcements' interaction with individuals experiencing that particular condition. Through an interactive experience, law enforcement will have the opportunity to experience psychosis and the challenges that it presents for individuals suffering from it. Law enforcement will provided with tools that will aid in making interactions with individuals easier and more efficient.

**Course Description:**

### Understanding Autism

This training focuses on Autism Spectrum Disorder. Participants will gain knowledge about symptoms of Autism Spectrum Disorder, prevalence and risk factors. The presentation will also address safety issues and concerns for both the individual and law enforcement. Participants will learn de-escalation techniques to interact with a person with Autism Spectrum Disorder.

**Dress Code:** Business Casual

P.O.S.T. Core Curricula	Interpersonal Perspectives	Legal Studies	Skill Development	Technical Studies	TOTAL
P.O.S.T. Hours:	4	0	0	0	4
P.O.S.T. Subcategory					4

**Certificates Issued by:** Jefferson College Law Enforcement Academy

**Cost:** *Contract members* \$0.00 *No contract* \$0.00

**Class Limits:** *Maximum* # 26 participants *Minimum* #10 participants

**To register for this course call: 636-481-3425 -or- 636-481-3481 -or- FAX: 636.467.2612**

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Department: \_\_\_\_\_ Rank/Assignment: \_\_\_\_\_