

**JEFFERSON COLLEGE**

**COURSE SYLLABUS**

**PNE 141**

**FUNDAMENTALS OF NURSING**

6 Credit Hours  
(5 Classroom Hours; 1 Lab Hours)

Prepared by:

Leah Miley, M.S.N., R.N.  
Maryann Shrader, M.S.N., R.N.

Revised By:

April Norton-Gunther, M.S.N. Ed., R.N.  
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Updated By:

April Norton-Gunther, M.S.N. Ed., R.N.  
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Amy McDaniel, M.S.N. Ed., R.N. Director of Nursing  
Kenneth Wilson, Associate Dean - School of Science and Health  
Dr. Chris DeGeare, Dean of Instruction

## PNE 141 FUNDAMENTALS OF NURSING

### I. CATALOG DESCRIPTION

A. Prerequisites: Admission to Bi-Level Nursing program and reading proficiency

Co-requisites: PNE142 Fundamentals of Nursing Clinical

B. 6 Credit Hours (5 classroom, 1 lab)

C. Fundamentals of Nursing course is designed to assist a beginning nursing student in acquiring a foundation of basic nursing theory. Students will explore the role of the practical nurse as a supportive member of the healthcare team and in performing skills associated with care of the adult, child, and elderly client. Embedded within the course are 30 hours (1500 minutes) of clinical simulation laboratory time. (F,S)

### II. EXPECTED LEARNING OUTCOMES/CORRESPONDING ASSESSMENT MEASURES

COURSE OBJECTIVES	ASSESSMENT MEASURES
Identify basic nursing principles and techniques in care that contribute to health care delivery and provide patients and healthcare team members a protective safe environment as related to hygiene, vital signs, mobility and immobility, nutrition, urine & bowel elimination, oxygenation, skin integrity, sleep/rest/pain, and patient/family teaching	Homework assignments Exams Lab demonstration
Discuss life changes and outside influences affecting the patient; including aging, sexuality, family systems, and lifestyles choices to support health promotion and maintenance as related to hygiene, vital signs, mobility and immobility, nutrition, urine & bowel elimination, oxygenation, skin integrity, sleep/rest/pain, and patient/family teaching	Homework assignments Exams Lab demonstration
Identify care that assists with promotion and support of the emotional, mental, and social well-being of patients to promote psychosocial integrity as related to hygiene,	Homework assignments Exams Lab demonstration

vital signs, mobility and immobility, nutrition, urine & bowel elimination, oxygenation, skin integrity, sleep/rest/pain, and patient/family teaching	
Relate the role of the practical nurse in assisting/supporting patient and family decisions in ordinary and extraordinary medical situations; to include advance directives, civil rights, confidentiality, continuity of care, and informed consent to promote physiological integrity as related to hygiene, vital signs, mobility and immobility, nutrition, urine & bowel elimination, oxygenation, skin integrity, sleep/rest/pain, and patient/family teaching	Homework assignments Exams Lab demonstration

III. OUTLINE OF TOPICS

- A. Health/Wellness/Nursing Process
- B. Documentation/Communication
- C. Infection Control
- D. Vital Signs
- E. Physical Assessment
- F. Mobility
- G. Immobility
- H. Skin Integrity
- I. Nutrition
- J. Elimination
- K. Oxygenation
- L. Sleep/Rest
- M. Client Teaching

IV. METHODS OF INSTRUCTION

- A. Lecture/PowerPoint
- B. Textbook
- C. Study Guides
- D. Audio Visual Aids
- E. Printed Handout Material
- F. Lab Demonstration

V. REQUIRED TEXTBOOKS

HESI Cast Studies: Complete PN Collection (current edition).

Timby, Barbara Kuhn (2013). *Fundamental Nursing Skills and Concepts*. Newest edition.

Philadelphia: Lippincott, Williams, & Wilkins: (study guide optional)

VI. REQUIRED MATERIALS

None

VII. SUPPLEMENTAL REFERENCES

- A. Nursing Database
- B. Journals
- C. Research Articles

VIII. METHOD OF EVALUATION

- |                       |           |
|-----------------------|-----------|
| A. Exams              | 70%       |
| B. Assignments        | 10%       |
| C. Final Exam         | 10%       |
| D. Standardized Exams | 10%       |
| E. Lab Demonstration  | Pass/Fail |

Students must complete all basic nursing skills, adhere to expected student expectations, complete related clinical paperwork, and receive an overall satisfactory (S) grade for the clinical/lab rotation. Satisfactory is determined by the assigned instructor based on best practice principles and according to the following guidelines:

#### Pass/Fail System

##### Satisfactory (S)

Student performs outcome in the expected manner which includes fulfilling the requirements of safe procedures, techniques, and/or behaviors.

##### Unsatisfactory (U)

Student fails to meet required outcomes within specified time; makes errors that are not recognized, corrected, and/or reported; omits nursing skills required for the assigned patient(s); or fails to demonstrate preparedness to perform clinical skills.

##### Needs Improvement (NI)

Student performs outcome in such a manner that the usual expectation is not met in the non-crucial aspects of safe procedures, techniques, and/or behaviors. EXAMPLE: A portion of the skill is omitted; the skill is performed in an awkward, disorganized, or slow manner, or more than the usual supervision guidance is needed.

##### Not Observed (N/O)

It is recognized that the clinical setting is an arena for practice, and it is not expected that a student displays expert performance initially but rather progresses in proficiency throughout the clinical experience.

A student may receive an unsatisfactory performance for any one clinical day. If an unsatisfactory (U) is received for a clinical day, the student must meet with the instructor prior to the next scheduled clinical day to discuss performance and develop a plan of improvement leading to student success. The clinical instructor may remove the student from the clinical area if in his/her professional judgment the student is unsafe.

Failure to successfully complete any basic skill, adhere to expected student expectations, complete related clinical paperwork, or to receive an overall satisfactory (S) grade for the clinical rotation will result in failure (F) for the course and may prevent the student from advancing in the Bi-level Nursing Program.

#### IX. ADA AA STATEMENT

Any student requiring special accommodations should inform the instructor and the Coordinator of Disability Support Services (Library; phone (636) 481-3169).

**X. ACADEMIC HONESTY STATEMENT**

All students are responsible for complying with campus and nursing program policies as stated in the Nursing Program and College Student Handbooks. (see College Website, <http://vega.jeffco.edu/bdye/studenthandbook.pdf>.)

**XI. CLASS ATTENDANCE POLICY**

Students earn their financial aid by regularly attending and actively participating in their coursework. If a student does not actively participate, he/she may have to return financial aid funds. Consult the College Catalog or a Student Financial Services representative for more details.

**XII. OUTSIDE OF CLASS ACADEMICALLY-RELATED ACTIVITIES**

The U.S. Department of Education mandates that students be made aware of expectations regarding coursework to be completed outside the classroom. Students are expected to spend substantial time outside of class meetings engaging in academically-related activities such as reading, studying, and completing assignments. Specifically, time spent on academically-related activities outside of class combined with time spent in class meetings is expected to be a minimum of 37.5 hours over the duration of the term for each credit hour.