



Child Development Center Family Handbook

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www.jeffco.edu

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WELCOME TO THE JEFFERSON COLLEGE CHILD DEVELOPMENT CENTER

We are pleased that you have enrolled your child with us and look forward to becoming better acquainted. This handbook has been designed to provide you with information about the Center and the policies/procedures that will affect you and your child. If you have questions or concerns, you are encouraged to speak with the director, curriculum coordinator, and/or your child's lead teacher. We encourage you to spend time at the Center. Your involvement in your child's care and education are valued and appreciated and we invite you to join us any time.

MISSION/VISION/VALUES

Mission:

Jefferson College child Development Center fosters an environment that promotes positive relationships and meaningful interactions to meet the diverse needs of children, families, and students.

Vision:

Jefferson College Child Development Center strives to cultivate a community of lifelong learners for both children and adults.

Values:

Jefferson College Child Development center encourages positive experiences by embracing the following values:

Family

Understanding that family is the child's first and most important teacher, we embrace these relationships and build upon them to enhance the learning capabilities

Empathy

Establishing ways to actively listen, validate, and support the needs of families, children, staff, and students in their educational journey.

Teamwork

Cultivating a learning environment in which we are fostering positive relationships and collaboration among teachers, children, and families allows us to effectively meet individual, class, and family goals.

Respect

Fostering an environment where individual differences are values and built upon to create an inclusive learning community.

MISSOURI STATE LICENSED AND MISSOURI ACCREDITED

Jefferson College provides a Child Development Center that is licensed by the state of Missouri, Department of Health and Senior Services, Bureau of Child Care. The Department of Health provides oversight of state licensed facilities. Our licensing representative makes announced and unannounced inspections to ensure the Center is in compliance with health and safety standards to include, but not limited to, the physical plant, staff requirements, sanitation, fire safety, staff/child interactions, and child enrollment/health information and record keeping.

The Center has been Missouri Accredited since 1997. Accreditation is a stamp of approval, recognizing programs that strive for excellence. The process provides childcare providers with access to standards that serve as guidelines for quality programming. Accreditation also serves as a guide to parents who want to choose the best available program for their children.

PURPOSE

The purpose of the Center is to provide a comprehensive, high quality child development program for preschool through school age children, ages 2 through 12.

The Center also serves as a laboratory setting for students enrolled in Early Childhood Education or other curricula related to young children. These students are provided an opportunity to observe and interact with young children as part of their course work.

It is the program's intent to instruct and model for students the theoretical knowledge of learning and human behavior, attitudes that foster learning, knowledge of developmentally appropriate practices, and a repertoire of teaching skills that can effectively impart knowledge to the young child.

PHILOSOPHY

Program philosophy is based on commitment to core values that are deeply rooted in the field of early childhood education. The program adheres to the tenets of the National Association for the Education of Young Children's (NAEYC) Code of Ethical Conduct that is as follows:

- Appreciate childhood as a unique and valuable stage of the human life cycle.
- Base work with children on knowledge of child development.
- Appreciate and support the close ties between the child and family.
- Recognize that children are best understood in the context of family, culture, and society.
- Respect the uniqueness, dignity, and worth of each individual.
- Help children and adults achieve their full potential in the context of relationships that are based on trust, respect, and positive regard.

GOALS

Each child develops in his/her own way. However, every child needs certain skills to successfully function in the world. The goals of our program are:

- To provide children with an environment in which they learn to express their ideas and feelings.
- To provide children with opportunities to become self-regulating, self-directing, and self-confident.

- To provide children with a love of learning through meaningful exploration and discovery.
- To provide children with appropriate social skills through interactions with peers and adults.
- To promote respect for self and others.
- To build strong bodies and promote habits of a healthy lifestyle.

CURRICULUM

The Jefferson College Child Development Center (JCCDC) is committed to pursuing “constructivism” as a model educational approach that has dramatically expanded teachers’ understanding of how young children grow and learn. Missouri’s “Project Construct” is a research-based curriculum that stresses problem-solving skills, knowledge of the physical world, and independence. This curriculum framework is adapted and utilized by lead teachers for planning with all age groups.

In this educational philosophy, children are viewed as eager learners who “construct” their knowledge, continually building on what they already know. All lead teachers complete Project Construct curriculum training.

Teachers in Project Construct classrooms strive to:

- Use student’s interests to motivate and engage them in learning
- Encourage children to collaborate and work together
- Allow children to take initiative, express opinions, and make choices.
- View children’s errors as learning opportunities.
- Assess children’s thinking, as well as their work, in order to teach more effectively.

The Missouri Early Learning Standards includes the areas of literacy, math, science, social-emotional, and physical development. Teachers access and utilize these standards which align with the Project Construct goals to prepare a well-rounded, developmentally appropriate program for your child.

As educators, we accept the responsibility to model respect, kindness, cooperation, humor, a love of investigative learning, and a joy for community interaction.

DAILY SCHEDULE

The daily schedule in each classroom provides a balance of free and directed play, as well as active and quiet, large and small group play both indoors and outdoors. The daily schedule allows for long periods of time for center based activities that focus on math, language, writing, art, science, blocks, sensory exploration, music, reading, and dramatic play. The daily schedule, individualized class schedules and lesson plans are available on the parent board in each classroom.

Three meals are served daily:

Morning snack - 7:30-8:00 for school age children; 9:00-9:30 for ages 2-5

Lunch - 12:00-12:30

Afternoon snack - 3:00-3:30 for ages 2-5; 4:00-4:30 for school age children

INDOOR/OUTDOOR PHYSICAL ACTIVITY

The Jefferson College Child Development Center believes that outdoor play is an integral part of a child's growth and development. When children are outside they have the opportunities to explore the world and build skills with the whole child in mind. Our program is committed to providing children with opportunities to move through the day.

Time:

We provide children 2 through 5 years of age (preschoolers) with at least 120 minutes for **indoor** and **outdoor** physical activity every day. School age children are provided with at least 60 minutes for **indoor** and **outdoor** physical activity every day during before and after school care (30 minutes in the AM and 30 minutes in the PM). School age children who attend during the summer month also receive at least 120 minutes of physical activity daily.

As weather allows, we strive to take the children outside 3 times per day or more, for a minimum of 90 minutes outdoors for all children.

We see the outdoors as an extension of the classroom, so children not only enjoy the outdoors through physically active play, but also through other learning activities. During heavy rain, icy conditions, poor air quality, or dangerous heat or cold, children will stay indoors, but get the same total amount of time for physically active play. Throughout each day, we look for opportunities to keep children moving and limit the amount of time they are expected to remain seated.

We ask that families support our efforts by dressing children ready for play. This includes closed-toed shoes and clothing that allows children to comfortably run, jump, and climb, both indoors and out and is appropriate for the weather. During the summer months, sun safety is a factor when enjoying the outdoors. Please complete a sunscreen permission form and provide a bottle of sunscreen for extended outside time.

Equipment & Environment:

We seek to provide a fun and challenging play space that encourages movement and learning. We provide a variety of play equipment (balls, jump ropes, tricycles, etc.), in good condition, both indoors and outdoors. Additionally, books and photos in our classrooms help to teach children about the importance of physical activity. Outdoor shade is provided and children are given regular opportunities to drink water.

Supporting Physical Activity and Outdoor Learning:

Teachers actively encourage children's physical activity during daily free play time, daily adult-led games and activities, and weekly lessons on gross motor skills like throwing, catching, and kicking. We provide/participate in professional development on early childhood physical activity and outdoor play & learning twice a year. Additionally, we share information and tips in our parent newsletters to support children's physical activity and enjoyment of the outdoors at home.

STAFFING

The JCCDC regular staff includes educators and administrators with diverse educational backgrounds and experiences in the field of Early Childhood Education. Credentials range from an Associate of Applied Science in Early Childhood Education to graduate degrees. Administrative staff and lead teachers complete Project Construct curriculum training.

All staff members are in a continuous process of building teaching skills by attending classes, workshops, and conferences concerning the care, development, and education of children.

State licensing requires a minimum of 12 clock hours of training annually. Missouri Accreditation requires that all staff receive 18 clock hours of training each year. All training hours are reported to OPEN and are also on file at the Center where they may be viewed by parents/guardians of enrolled children.

Students (high school and college), enrolled in the Early Childhood instructional program, utilize the Center as a laboratory facility for training in Early Childhood Care and Education. During the course of their educational path they learn observation methods and are assigned specific classrooms where they learn to plan, prepare, and guide appropriate activities. These students are always under the supervision of regular staff and are not counted in ratio.

College students are employed as classroom aides and must meet the health, safety, and education requirements for state licensing and accreditation. Their degree of classroom involvement is determined by their level of experiences and education.

All employees counted in ratio must meet the health and safety criteria established by Missouri licensing regulations. Such employees are registered with the Family Care Safety Registry, meaning they have been screened for child abuse/neglect and have had a criminal record check/background screening. Staff are also fingerprinted through the Missouri Automated Criminal History Site (MACHS). The screenings are filed in the office and may be viewed by the parents.

ADULT/CHILD RATIOS

The required ratios as mandated by state child care licensing are as follows:

2 years old:	1 adult to 8 children
3-5 years old:	1 adult to 10 children
5-12 years old:	1 adult to 16 children

The Center strives to exceed the minimum requirements and have at least two adults present in a classroom whenever possible. There is always a lead teacher qualified adult (per Missouri Accreditation guidelines) in the classroom or on the playground.

HOURS OF OPERATION

The Center's hours of operation are as follows:

6:00 AM - 6:00 PM -- Monday through Friday

ADMISSION TO THE PROGRAM

The Director, Curriculum Coordinator, and/or Lead Teacher will tour the family throughout the Center, explaining the program and answering questions. The following forms/information must be completed and returned a week prior to the child's first day of attendance:

- Enrollment Form (ALL lines must be completed)
- Physical Form (preschool - completed/signed by physician, school age - completed/signed by parent)
- Immunization Records
- Child and Adult Care Food Program Form
- Child Information Form (for classroom teacher)
- Social Media Photo/Video Release Form
- Children with Special Needs - a copy of your child's most recent IEP or IFSP
- A list of medications/dosages that are administered at home should also be provided for your child's file. In case of an emergency, this list would be given to emergency medical personnel.
- Specialized Care Plan form for allergies/asthma, etc**
- Specialized Diet Plan form**
- Current Copy of Class Schedule (STUDENT PARENTS ONLY)

**AS NEEDED

Parents are expected to notify the Center of any changes pertinent to these forms that may occur during the semester.

PARENT RESOURCES

Upon admission to the program, parents will receive the following:

- Family Handbook (available at <https://www.jeffco.edu/child-care>), HARD COPY available upon request
- Fee schedule
- Enrollment and Fee Policies

The following are also available to families (located in the front office of the main building):

- State Licensing Rules/Regulations (also available online at <https://s1.sos.mo.gov/cmsimages/adrules/csr/current/19csr/19c30-62.pdf>)
- Center Licensing Reports
- Missouri Accreditation Self-Study Documents

- Your child's portfolio (located in your child's classroom) and enrollment information (located in office)
- Environmental Division - Sanitation Reports
- State Fire Marshal Reports
- Authorization to Administer Medication Form
- Incident/Injury Form

PARENT EDUCATION AND INVOLVEMENT

Parents are encouraged to become actively involved with all aspects of their child's education. We believe that a strong home-school relationship is basic to the young child's education and that parents, children, and teachers benefit from learning and working together. Parents and family members are encouraged to volunteer in the classroom: sharing a book, recipe, hobby, career, vacation or a new experience. Children learn so much from our family visitors. Just let us know that you would like to share and we will put you on the schedule.

Children's work and activity photos are displayed in the classroom as well as shared on the classroom's private social media pages. These works and photos are often labeled with the appropriate Missouri Early Learning Standards and/or Project Construct goals. These examples illustrate the great amount of learning that is gained through the child's play or through special activities. Take some time to look around the classroom so that you can see your child's important work.

The JCCDC's Advisory Committee meets a minimum of one time a year to plan fundraising, family involvement activities, and discuss future plans and direction for the Center. If you would like to be a part of this committee, please let the Director, or Curriculum Coordinator know.

Classroom teachers create a monthly newsletter to keep you informed about classroom and Center activities.

FAMILY CONFERENCES

Parent/Teacher conferences are scheduled each fall and spring semester, but may also be arranged at the request of the parent, teacher, and/or Director. Meetings may take place to discuss issues such as joint planning for an individual child, or specific concerns regarding a child's adjustment to the Center. It is during the scheduled conference that the teacher will discuss the results of developmental screenings.

POSTED CENTER and CLASSROOM INFORMATION

There is a *Parent Information Board* located in each classroom. The following items will be posted for you to review:

- Lesson Plans

- Classroom Routine
- Menus
- Emergency Drills
- Health Notices -*Health Notices are also posted in the foyer of the main building and near the time clock computer in the ATS classroom. They may also be placed on the classroom clipboards.*

Information that needs your attention will be clipped to the classroom roster, i.e. newsletters, accident reports, billing information, or health notices. Important, non-sensitive, information may also be found on the public and private social media pages. Your child's cubby may contain artwork or items that need to go home, so please check these daily.

Center holiday closings, deadlines, due dates, and any timely information will be posted on the front door, via social media, and on the sign in/out time clock computers.

ABSENCE PROCEDURE

Please call the Center if your child will be absent. It is important that we are notified if a child is home as this helps teachers with daily planning. Also if a child is home due to illness it is important to inform office personnel. Information about any contagious illnesses are posted in order to alert other parents to be on guard for symptoms. A staff member will reach out to you if your child is absent for more than two days if we do not receive a call or email.

ARRIVAL AND DEPARTURE - SIGNING IN AND OUT

Only those persons authorized in writing to pick up a child may do so. Parents MUST always notify their child's teacher or office personnel when someone other than the parent/guardian is picking up - even those persons that are noted as authorized pick up on the enrollment form. Telephone calls will not be accepted for authorized pick up of a child. Center personnel will ask to see photo identification unless they recognize those authorized to pick up a child.

All authorized persons will need to have a fingerprint or personal code for signing a child in/out on the time clock computer. It is also necessary to sign in/out on the paper roster that is in the classroom as well. **ALWAYS** accompany your child (preschool and school age) to the classroom and sign in on the clipboard roster sheet. When leaving please sign out on the roster sheet also.

The classroom sign in/out sheets are used as an extra safety precaution. This provides the teachers a current roster, which is essential in helping to account for children in the event of an emergency. The sign-in roster is always with the child's class, whether indoors or out.

Please do not expect the staff to sign in and out for you. The teachers have the huge responsibility of being in charge of a *group* of children. Distractions that are not directly related to the care and education of the children can be disruptive to the class.

The Center closes at 6:00 PM. If a child is not picked up by 6:00 PM, the parent, or authorized person to pick up the child will be contacted. A staff person will stay at the Center until the parent or authorized person arrives. If a child is left at the Center for more than 1 hour and staff members cannot locate anyone to pick up the child, the Sheriff's Department will be contacted.

FEES AND PAYMENT POLICIES

Enrollment and fee policy explanation sheets are provided to all enrolled families. Please read this information carefully. If you do not understand something, please ask. You will be given a fee policy sheet upon enrollment. If you do not receive this information, please request a copy so that you are aware of all policies in regard to billing, prior to enrollment.

THERE ARE NO REFUNDS OR CREDITS FOR ABSENCES. Parents are billed based on a semester schedule established at the beginning of each enrollment period to include finals week and spring break. Semester charges include holidays for when the Center is closed and also campus closings due to severe weather.

LATE PICK-UP FEE

We recognize that an occasional circumstance may prevent you from arriving by 6 PM. In that event, we always appreciate a phone call. This helps us reassure your child that all is well.

On the first occasion that you are late, you will be given a written reminder of our policy.

Any late arrival thereafter, a fee of \$10.00, per child, for each 10 minutes, or any portion thereof, will be assessed past 6:00 PM. This fee will be included on your weekly bill.

Services may be terminated due to chronic tardiness.

For liability reasons, staff members working for the Jefferson College Child Development Center are not allowed to transport enrolled children to and from the Center unless the child is an immediate family member.

WITHDRAWAL FROM PROGRAM

If you wish to withdraw your child, you must complete a *withdrawal form* at the Center. Staff members are not allowed to accept verbal withdrawals by telephone. **A minimum**

of a one-week *written* notice must be given or you will be subject to billing two weeks beyond the last date of attendance. Withdrawals/refunds/credits are not issued for the last two weeks of the semester.

TRANSITION TO THE CENTER

Before the child begins, it is important that the family tour the JCCDC, meet Center personnel, and visit the child's classroom. You are welcome to spend as much time at the Center as needed for you and your child to feel comfortable. It's a big change in your child's life and we want it to be a positive experience. You are encouraged to talk about the upcoming event in positive terms, letting the child know you are excited and comfortable with the experience. Some children feel comfortable right away and others need several days of short visits with you in attendance. Parents are invited to visit or call the Center anytime to check on their child.

TRANSITIONS - Moving to Other Classrooms

To keep transitions to a minimum we use mixed age grouping which allows the children to remain with one teacher for an extended time. As children grow, their developmental needs change. In order to provide the most developmentally and age appropriate programming possible, children move from one age group to another..

Program staff members are sensitive to the fact that young children grow attached to their teachers and know that these attachments are part of a healthy social-emotional development. Every attempt is made to make these transitions as stress free as possible for both children and parents.

- Parents are notified in advance of transitions and encouraged to visit the new classroom and spend time getting to know the new teachers and classmates.
- You are encouraged to talk with your child about the upcoming change in positive terms, letting the child know that you are excited and comfortable with the experience.
- Your child will visit the new room/teachers over a period of a week, spending more time in the new room each day to experience all portions of the day.
- Parental input about classroom transitions is welcome and your perspective is appreciated as your child grows through each developmental stage.

TOILETING

Toileting is a very important step towards independence, and should *always* be a **positive experience**. Teachers monitor children, assisting when needed, but encouraging independence in the toileting process. Preschoolers can begin to take the responsibility for wiping themselves, dressing after toileting, washing hands, and so on. Staff will assist parents in toilet training children. It is important for good communication to take place between parents and caregivers during this process. When parents notice

signs of readiness, teachers should be informed and toilet training can begin at home and at school. Extra changes of clothing should be sent with the child. It is helpful to the child's toilet training success if underwear and pants are slightly loose and easy to maneuver.

Pull-ups are not used at the Center. We have observed that Pull-ups are too difficult for children to get up and down on their own, creating a frustrating and discouraging experience. Pull-ups are similar to diapers in look and feel, and the children don't have the idea that they are involved in something new and important.

CHILD ABUSE/NEGLECT

All staff members at the Jefferson College Child Development Center are mandated reporters of child abuse and neglect. Staff will be familiar with the signs and symptoms of child abuse and neglect, including physical, sexual, verbal, and emotional. Should staff have reasonable cause to suspect abuse or neglect they will document the information and inform lead teachers and/or an administrator and shall report or cause a report to be made to the Dept. of Social Services, Children's Division. Reports can be made immediately to the 24 hour Child Abuse Hotline (1-800-392-3738). When appropriate, parents or guardians will be informed that the referral will be or has been made. **It is never the intent of program staff to pass judgement on an individual. The intent is to protect children.**

Counsel may be consulted when necessary. All information referencing this situation will be documented and absolute confidentiality is required concerning any report of child abuse or neglect.

Any allegation of child abuse or neglect directed at JCCDC staff will be reported to the Jefferson College Vice President of Student Services, the Center's state licensing representative for the Department of Health and Senior Services, and the Department of Social Service at which time an investigation will ensue.

GUIDANCE/DISCIPLINE

At the Center, guidance is viewed as an on-going, consistent process through which a child is helped to develop inner control. The emphasis is placed on acquiring positive social skills, problem solving strategies, and the ability to feel empathy for others.

Teachers are encouraged to make expectations clear and age appropriate, to model desirable behaviors, to anticipate potential conflicts, and to use discussion and redirection as needed.

Conflict between children is inevitable in the best of settings, but these conflicts can lead to productive learning opportunities. Experienced teachers recognize potential problems before they occur and can redirect the child's behavior.

- Teachers help children express and acknowledge their choices.
- Teachers help children evaluate their actions, verbalize alternatives, and consider the perspectives of others.
- Children are guided and supported as they learn to accept the natural consequences of their actions.

Punishment is not an effective way of producing growth, and discipline/guidance is never to be confused with punishment. At all times, staff are required to be in compliance with Missouri state licensing guidelines, which prohibit the use of physical responses, verbal abuse, and/or humiliation of any type.

In cases where the behavior is such that the safety and effectiveness of the learning environment for the group is negatively affected, the parent/guardian will be required to attend a conference with the teacher, Curriculum Coordinator, and/or the Director to determine a plan of action to assist the child in gaining self-control. The family *must* work with Center staff to develop effective strategies to improve the behavior, to participate in behavioral and/or developmental screenings, and to follow up on referrals made by Center staff to outside agencies. Depending on the severity or frequency of incidents, or the inability or willingness of the parent/guardian to cooperate with Center staff, the parent/guardian may be required to withdraw the child from the program.

EXPECTATIONS FOR ADULT BEHAVIOR

Just as there are expectations for the children's behavior, appropriate behavior and conduct is expected of all adults at all times at the JCCDC. Cursing, raising voices in anger, physical assault, and repeated disregard for Center policies are not tolerated. All Center personnel are required to address and report inappropriate behavior immediately so that the children in their care are not negatively affected. Issues or concerns should be addressed in the office with the Director or Curriculum coordinator. Adults who behave in an inappropriate or irrational manner will be asked to leave the premises. If this occurs it will be necessary for the parent/guardian to designate another adult to drop off and pick up the enrolled child until the parent/guardian can assure the Director that the inappropriate behavior will not be repeated.

IMPORTANT- Classroom teachers are not responsible for billing, billing policies or policies in general. Please direct any questions, concerns, and suggestions to the Director or the Curriculum Coordinator.

FIELD TRIPS

The children frequently take walking trips around campus to visit the library, pond, nature trail, farm, track, science departments, robotics lab, etc. On the Center's enrollment form you will check that you do or do not consent to your child participating in on-campus field trips. If you do not want your child to participate, the child will visit in a different classroom until the group returns. Off-campus trips are not taken.

Ensuring everyone's safety on these trips is of the utmost importance. Teachers make sure to:

- Notify office personnel of their destination and intended time of return.
- Leave a copy of the class roster with the office, noting staff members present as well as which teacher has their cell phone with them.
- Take a copy of the classroom roster with them.
- Take a first aid kit and at least one cell phone.
- Count children prior to leaving, during the trip, and upon return.
- Always have extra help - teachers do not take children on their own!

CLOTHING

Children should be dressed in play clothes that are comfortable, washable, and suitable for all activities, both indoors and outdoors. Parents are encouraged to dress children in closed-toe, rubber soled shoes to prevent falling and slipping.

All children need to have at least one extra set of clothing appropriate to the season that can be kept at school. Mark all clothing and belongings with the child's name so that if misplaced they can be returned to you when found.

REST TIME

Rest time is observed each day at approximately 12:30-3:00 PM. Although not all children nap, they have a quiet, restful time that is vital to their well-being. For this reason, we request that children arrive no later than 10:30 AM. This gives the children time to visit with their friends, have lunch, and then settle into rest time.

Some older preschool children no longer need an extended rest period. Missouri licensing rules state that: "Preschool children who do not sleep shall rest on cots or beds for at least 30 minutes, but shall not be forced to remain on cots or beds for longer than one hour. They shall then be permitted to leave the napping area to engage in quiet play." Children not sleeping after 30 minutes of rest may get up and work on quiet activities.

Cots are assigned to individual children and cleaned weekly. Children in attendance during rest time may bring a **small** blanket and **small** pillow. Cot sheets are provided and laundered by the Center on a weekly basis. Parents are asked to take home their child's blankets and pillows to launder weekly. Please make sure all items are clearly marked.

Please do not send family heirlooms or sentimental items.

TOYS FROM HOME

We believe that children who spend long hours in a group setting, using community materials, often have a need to play with some personal belongings. Children may bring toys from home provided they are relatively simple and inexpensive, with few working parts.

Parents are expected to assume responsibility for making appropriate decisions about choosing toys to bring to school (no toy guns, knives, or similar items, please). **The Center is not responsible for and reimbursement will not be made for lost, damaged, or broken items.**

Balloons are considered to be a choking hazard. Please do not allow your child to bring balloons into the Center without permission of the child's Lead Teacher.

LUNCH AND SNACK TIME

We believe in helping children become independent whenever possible. Children are encouraged to eat family style; passing bowls and platters around the table as they serve themselves. Despite the occasional spills, children take pride in their ability to meet their own daily needs. The Center subscribes to the statement from the Missouri Licensing Rules Handbook, which says "mealtime atmosphere shall be enjoyable and relaxed and no child shall be forced to eat, but shall be encouraged to set his or her own pace according to personal preferences."

The Jefferson College cafeteria caters the lunches for the Center and lunch is at noon each day. Licensing regulations prohibit sack lunches from home unless there is a note from a physician stating a specific dietary need (see below).

The program is enrolled in the Child and Adult Care Food Program and is monitored by the Department of Health and the Child and Adult Care Food Program to ensure that nutritious foods in appropriate quantities are served to the children.

SPECIAL DIETARY NEEDS

Parents of children with special dietary needs should alert the Director, as well as the Lead Teacher. The food service staff will work with us and try to provide an alternative food for the one that is not tolerated. In some cases, the parent may have to provide the food items. A specialized care plan and medical food substitution record must be completed by the child's physician in order for the Center to provide a food substitution due to an allergy or medical condition.

BIRTHDAY AND HOLIDAY TREATS

Birthdays, holidays, and special events are an important part of every child's life. All arrangements for birthdays or other special occasions must be made with the child's teacher in advance. In an effort to promote healthy snacks and treats as nutritious foods, parents are encouraged to avoid items that contain high sugar content.

HEALTH

The health policy of our Center as outlined below has been formulated for the purpose of safeguarding the health and safety of all children and adults who participate in our Center's activities.

Medical Examination

Preschool

State licensing requires that evidence of a medical examination, signed by a licensed physician, or a nurse under the direct supervision of a physician, be completed not more than twelve months prior to admission. Please use the form provided at the time of enrollment.

A copy of the child's immunization records must be provided by the child's first day of attendance. Please notify the Center when immunizations are updated.

School Age

Parents provide health information at the time of enrollment, on the form provided, regarding the child's health history, any current health problems, and any restrictions necessary for the child's care.

A copy of the child's immunization records must be provided by the child's first day of attendance. Please notify the Center when immunizations are updated.

NOTICE TO PARENTS REGARDING IMMUNIZATIONS

In accordance with Section 210.003.7, RSMo (Child Care Licensing), the parent or guardian of a child enrolled in the Jefferson College Child Development Center (JCCDC), may request notice of whether there are any children enrolled at the JCCDC with an immunization exemption on file. Please contact the Director of the JCCDC and the information will be provided to you. Please note, the name or names of individual children are kept confidential and will not be released. The response will be limited to whether or not there are children enrolled at the Center with an immunization exemption on file.

EXCLUSION OF SICK CHILDREN

The following symptoms could indicate a contagious disease and children should be excluded from group care:

- Fever (100 degrees or above) and/or pain.
- Vomiting: If a child vomits more than once, or it is accompanied by other symptoms.
- Diarrhea: More than one episode, or if it is accompanied by other symptoms.
- Skin Eruptions/Rash: If a child has a rash that is contagious or cannot be kept covered.
- Extreme fatigue

- Sore throat or trouble swallowing
- Severe Coughing: if a child gets red or blue in the face or makes high pitched, croupy, or whooping sounds
- Pink Eye (Conjunctivitis): Redness of eyelid lining and/or inner eye, swelling, discharge of pus, irritation.
- Lice: If lice or nits are found in the child's hair, the child will be excluded from care until hair is free of nits.
- Pinworm and/or Ringworm
- Chicken Pox: If the child has skin eruptions that are not yet scabbed over.

If your child can't seem to function, seems very tired, doesn't want to eat, is crying, and generally appears and acts miserable, please check them for symptoms of illness before bringing them to the Center. Your child may have an illness that is contagious to others and should stay home.

Parents are expected to keep their child home in the event of any of the above symptoms. A parent/guardian will be notified by telephone when a child displays any of the above symptoms. If a parent/guardian cannot be reached, the emergency contact designated on the enrolment form will be called. Should any of these symptoms develop while at school, every attempt will be made to isolate the child, and he/she should be picked up promptly **within one hour** upon notification of illness. If a symptom persists (such as rash/cough) or if a communicable disease is confirmed (measles, chicken pox, etc.) admittance may require a statement from the child's physician declaring the condition non-contagious.

The child will be admitted to class when he/she has been free of any or all of these symptoms and ***has not required fever/pain reducing medication for a minimum of 24 hours***.

If you feel that your child is too ill to play outdoors in the fresh air, it will be necessary to make other arrangements for care until he/she is well enough to return to the Center and able to participate in regular activity.

MEDICATION

A parent/guardian may sign a release form allowing medication to be administered at the Center. The form must be completed and signed for both prescription and non-prescription medications as follows:

Prescription Drugs

Must be in the original container with name of patient, name of physician, prescription number, date, name of medication, dosage, and frequency. Most medication schedules can be administered at home so that a child gets only one dose of the medication each day while at the Center. Doses, administered 3 times a day will be dispensed one time at the Center. Medicines will not be dispensed between 12:30 PM and 2:30 PM, unless

a physician specifies that time in writing. This is rest time for the preschool children and it is disruptive to the class to wake a child to administer medications. This is also a time when the school age children are out and about on campus during the summer program.

The authorization form giving staff member's permission to administer the medication must be completed by a parent/guardian.

The teacher administering the medication will document the information on the medication form.

Dosages will be administered ONLY as prescribed by the physician.

Non-Prescription Drugs

Must be in the original container. Must be accompanied by a medication authorization form giving the patient's name, name of medication, dosage, and frequency. Parents must also label the container with this information. ***A form must also be completed for ointments and lotions.***

As Needed Medication

Parents of children requiring specialized care or "as needed" medication/treatment (a breathing treatment, nebulizer, Epipen, Inhaler, Seizure Medication, etc.) must provide a specialized care plan, signed by the physician prior to the child's first day of attendance. The specialized care plan must be specific, detailing the signs and symptoms indicating the need for administration of a therapy, treatment, or medication.

Do not send medication, lotions, or ointments with a child or place medicine in a child's diaper bag or backpack. Always hand these items directly to the teacher or office staff.

COMMUNICABLE DISEASE

If a child is exposed to or contracts a communicable disease, it is essential that this information be reported to the Director. Information of possible exposure will be posted for the class involved, on classroom rosters, and in the foyer. Please call and notify staff if your child will be absent because of illness.

INCIDENT/INJURY

If an incident or injury occurs with a child, the following procedures take place:

Minor (minor bruise, cut, or scrape that does not break the skin)

- Apply basic first aid, assess the injury
- Wash with soap/water or plain water
- Apply an ice pack if needed or requested
- Apply a bandaid if needed

- Complete accident report. A copy of the signed report is kept in the child's file. A copy is also available for the parent. Parents will also be notified via email or phone call for each incident/injury.

Should a serious accident occur, the procedure below will be followed:

1. The situation will be assessed and immediate action taken. There is at all times a staff person on the premises trained in First Aid/CPR and AED.
2. An adult who is present will contact an administrator, or designated staff person in charge, immediately, describing the incident completely.
3. If the injury is not life-threatening, the first phone call will be to the family. If family members cannot be reached, emergency contacts listed on the child's enrollment form will be called. If these people are unavailable, the child's physician will be called and his/her recommendations will be followed.
4. If the condition is life threatening, administrative personnel (or designated person in charge) will immediately call 911, campus police, and the family will be immediately notified.

CENTER HOLIDAY CLOSING LIST

The Center will be closed for the following days/holidays:

- Labor Day
- Veteran's Day
- Thanksgiving Break- Closed at NOON on Wednesday through Friday
- Winter Break - Usually closed 10 working days at the end of December, including Christmas and New Year's Day - announced by the end of October
- Martin Luther King's Day
- President's Day
- Spring Break - Thursday and Friday (typically the 3rd week of March)
- Good Friday
- Memorial Day
- Independence Day

INCLEMENT WEATHER CLOSING PROCEDURE

In the event of inclement weather, the JCCDC will follow the campus open/closed schedule (for staff) established by the College. If the College campus is closed, the Center is also closed. If it is announced that the College personnel report to work at a later time (to allow for road, parking lot, and walkway clearing), then the Center staff are expected to arrive at that same time as well.

Official closing announcement will be broadcast on the following media outlets:

- Viking Text Message Service, the Jefferson College automated telephone system (all parents can sign up for this)
- The Jefferson College website (www.jeffco.edu)
- Personal email

- Social media pages (public JCCDC page and private classroom pages)

PLEASE NOTE: All other media outlets than those listed about will carry information only as it relates to **student/faculty** attendance: KTVI (channel 2), KMOV (channel 4), KSDK (channel 5), KPLR (channel 11), KJFF (AM 1400), KREI (AM 800), and KTJJ (FM 98.5).

If the **campus closes early** due to worsening weather conditions, parents/guardians will be contacted to pick up children. The emergency contact listed on the enrollment form will be called when parents cannot be reached. Be sure to designate a reliable/available contact on the enrollment form if it is difficult for you to leave work.

Although this can be an inconvenience for working parents, the safety of all concerned -- children, parents, and staff must be the priority.

PARENTS WHO ARRIVE EARLY (between 6:00-6:30AM): In the event that an official announcement has not been made, but weather conditions are such that driving conditions are worsening, please allow extra time for Center staff to arrive safely. If you typically arrive close to the Center's opening time, **call 636-481-3299 before leaving your home** to ensure that personnel are able to make it to the Center to open. Staff will *always* answer this phone if present at the Center.

****Refunds and/or credits are not issued for weather or emergency related closings.***

SCHOOL AGE: SEVERE WEATHER SCHOOL CLOSINGS (ALL DAY)

School age children enrolled in the before/after school program may attend when the Center is open, but their school district is closed due to an emergency school closing as space/staffing allows. See *fee sheet for pricing*.

VIKING TEXT MESSAGING SERVICE

The Viking Text Messaging Service sends automated messages and notifications regarding emergency and weather related school closings. All enrolled parents are eligible to participate in the Viking Text Messaging service. Student families will be instructed on how to do this when they enroll in college classes. Community families must inform Center office personnel if interested in signing up for this service. The only charges to the user would be any normal usage fees from the user's wireless provider.

PANDEMIC CLOSURE PLANS

Level 1 - No immediate risk

Planning stage, status quo but no travel to CDC risk locations

- Business as usual - follow CDC guidelines for child care.

- Information provided to families and staff to include pandemic protocol.
- Ensure families and staff are applying hand sanitizer when entering the building.
- Children and staff wash hands as soon as they enter the classroom.
- Consult with the local health department for updated pandemic information and protocols.

Level 2 - Increased regional risk (St. Louis area, Jefferson County, JC Health Department)

No non-essential travel like conferences

- Continue to monitor CDC guidelines for childcare.
- Initiate daily health check at entrance to building.
- One family enters the facility at a time.
- Parents and non-essential personnel do not venture past the foyer.
- Have families sanitize their hands as they enter the building; Staff and children are required to wash hands as they enter the classroom.
- Touchable surfaces are sanitized between families in the foyer.
- Prospective enrollment tours suspended.
- Consult with the local health department for updated pandemic info and protocols.
- Provide updated information to staff and families regarding pandemic info and protocols.
- Encourage and assist families in planning for alternate care in the event the Center closes.
- Increase in sanitizing procedures.

Level 3 - Immediate College risk

No college sponsored travel, move instruction online as feasible

- Center opens with reduced hours - 7:30-5:00
- Only open for staff/community families (essential workers).
- Initiate daily health check at entrance to building
- One family enters the facility at a time.
- Families sanitize hands as they enter the facility. Staff and children are required to wash hands as they enter the classroom.
- Touchable surfaces are sanitized between families in the foyer.
- Parents and non-essential personnel do not venture past the foyer.
- Labs/practicums/therapies suspended.
- Prospective enrollment tours suspended.
- Group sizes are smaller and not combined.
- Only the families attending would be charged tuition
- Staff prepare for Center closure - gather manuals, portfolios, lesson plans, etc to work on at home.

Level 4 - Mandatory Shut down

Campus Closes - staff work remotely

- Child Development Center follows campus and closes for the same amount of time.
- Families are not charged during closure.
- Full and Part time staff work remotely -

- Provide activities for families via social media pages.
- Parent teacher conferences are offered virtually.
- Staff participate in virtual meetings.
- Classroom virtual meetings are offered.
- Staff complete online training as required for licensing/accreditation.
- Review licensing/accreditation manuals.
- Initiate group chats to discuss policies/procedures/centerwide planning.
- Review/update enrollment forms.
- Lesson Planning.
- Input observations into Desired Results Developmental Portfolio (DRDP).
- Update/organize observations/portfolios.

EMERGENCY DRILLS

The JCCDC practices emergency drills monthly. Emergency drills are designed so that we may practice proper procedures in the event of dangerous conditions. Every effort is made to reassure your child that drills are simply practice situations, which prepare us to be safe in case of a real emergency. **Please keep emergency contact and authorized pick-up information current. In the event of a real emergency, it is vital that we are able to contact you.**

EMERGENCY EVACUATION PROCEDURES

The following evacuation procedures will take effect in the event the Center needs evacuation due to fire, building damage from storms, gas leak, or any other unforeseen incident or event in which the building is deemed unsafe for occupancy:

- All children and staff will be assembled outside the nearest exit and will be led in an orderly manner to the Student Center lower level (cafeteria area), and will be housed in the Viking Room (and Viking Room Annex if necessary) until such a time as arrangements are made for pick up by parents, or until the Center is deemed safe for occupancy. In the case that the Student Center is unable to be occupied, the children will be moved to the Field House on campus.
- Campus police will assist in their move and will, manpower permitting, station at least one officer with the children to assist the CDC staff.
- The Campus police will coordinate with the Center Director for proper parent pick-up procedures for the children. The Director will convey this information to the parents as soon as possible.
- Teachers will have classroom rosters and parent/emergency contacts in their possession when leaving the building or when seeking shelter in another classroom.
- Should phone service be disrupted, staff will utilize personal cell phones to contact parents.
- The fire alarm will signal the detection of smoke/fire. The Director or designee will check for stragglers by walking through the Center as well as check for the

source of fire/smoke and attempt to isolate the smoke/fire by closing doors. A call will be made to 911.

TORNADO

During a tornado watch, weather conditions will be monitored. Should a tornado warning be sounded, Center staff will escort the children to a safe area. The safe area in the Center, is the lower level, back classroom. The children in the ATS classroom will evacuate the classroom and seek safety in room 137, which is located in the lower level of the Area Technical School (ATS) building. Staff and children will remain in these areas until Campus Police announce the "all clear". Staff will place the Evacuated to Lower Level" sign on the front door to inform parents of the children's location.

EARTHQUAKE

If outside:

- Children and staff members will move quickly away from buildings or downed power lines and will lie flat, face down, and wait at least 60 seconds for shocks to subside.
- Children and staff will remain on the playground or at their outdoor location on campus until Campus Police determines the child care building and classrooms are safe to re-enter or the backup evacuation building sites are safe to enter.

If inside:

- Children and staff will take cover under a sturdy piece of furniture such as a table.
- Individuals will cover their head with hands or clothing. If no cover is available, staff and children will move against an inside doorway or wall.
- Stay where you are and take cover.
- When instructed to do so, move outside to the Center playground. Children and staff will remain on the playground until Campus Police determine the building is safe to re-enter. If the CDC building is deemed unsafe, but the Student Services building is safe, staff and children will evacuate to the Viking Room. The backup area to the Viking Room is the Field House.

POWER OUTAGE

In case of a power outage, children will remain at the Center as long as fire and safety systems are working, and heat, water, and daily functions are not affected. If the Center loses its phone system, staff members will use cell phones to communicate with parents and outside agencies. Parents will be required to pick up children if there are any safety or health concerns associated with a power outage.

BOMB THREATS

Calls of a threatening nature will be recorded as accurately as possible and reported to 911 and Campus Police. Depending on the nature of the call, appropriate action will be taken to protect lives and property, including evacuation, if necessary.

LOCK DOWN PROCEDURE

If it is necessary to go into a lock down mode, the Director or designee will inform the teachers to close and lock all doors/windows. If possible, windows will be covered.

Children inside the building:

- Children will be directed to a location inside the room away from windows and doors and on to the safe area.

Children outside the building:

- If the incident is occurring from **inside** the building - children will be directed to move away from the building and report to 911. Children/Staff will evacuate to Student Services Cafeteria
- If the incident is occurring **outside** - children should be directed into the building into the closest classroom, then to the safe area.
- 911 will be called immediately.
- Once the situation is deemed safe, the daily routine will be continued.
- The campus text messaging service will provide communication updates to families who are signed up for the service. Attempts will be made to contact all families who are not on the text messaging service, via telephone as soon as children are in the safe area.

COMMONLY ASKED QUESTIONS

Is this a preschool or daycare center?

Children are learning all the time - this is their job, and it is almost impossible to stop them from constructing new ideas about how the world around them works. In a quality child care setting, children actually have many more opportunities to learn than they do in a part-day preschool program.

When will you start to teach the alphabet and numbers to my child?

At our Center, we follow the research on how young children best learn these concepts. Children learn the names of alphabet letters at their own pace, by being exposed to them naturally through daily use. Flashcards and worksheets are not used to drill children. Instead, children are read to and are given many opportunities to solve real problems in the classroom. By the time our children leave for kindergarten, most are very knowledgeable about the names of the alphabet and numbers. It's even more important that children understand how written language and mathematics work. If young children do not develop that awareness, knowing the names of the alphabet and numbers is just empty memorization.

- Children learn to read by reading (handling books, making sense of pictures, and being read to).

- Children learn to write by writing (experimenting with marks, dictating stories to teachers, helping the class compose letters and lists).
- Children learn to use numbers by using numbers (playing with “countable materials like sea shells and buttons, passing out napkins for snacks or sharing crackers).

Will my child be ready for kindergarten?

This is a complicated question. Our staff works to develop each child to his or her fullest potential. We recognize that each child develops individually and develops at different paces. For this reason, the best elementary schools are welcoming and supportive of all kinds of five year olds. In other words, kindergartens are supposed to be ready for children, not vice versa.

There's a mean kid in my child's classroom; why is she/he allowed to stay at the Center?

We believe that all children deserve quality care and education. Sometimes the children who need it most have the most problems. We feel a special obligation to help such children and families. We do require the parents of a child with challenging behaviors to be involved in an active process of seeking to improve the situation. In the meantime, we will do everything possible to safeguard the welfare of your child.

I never see anyone punishing a child at the Center. How do you expect children to learn right from wrong?

We believe that children learn right from wrong by observing the results of their actions (“Look at Sally’s face--she’s sad! You hurt her when you hit her.”), by talking about better solutions to problems (“Hitting people is not okay--tell Sally you want a turn with the doll when she is done.”), and by accepting logical consequences of their actions (“It looks like Sally doesn’t want to play with you right now -- sometimes when you hit people they’re angry at you for a while.”).

This research based approach is very different from traditional punishment, which simply makes children angry with the adult and allows them to direct their attention away from the real problem.

Over time, children can develop internal self-control and begin to solve their problems without adult pressure or control.

Why does my child get injured at school? It seems like he/she is always coming home with a bandaid.

Children are supposed to be very active. When they are really doing their job of exploring the world, they rack up a few bruises and scraped knees. We think it's much more important for children to learn by investigating their surroundings --taking an occasional tumble in the process -- than it is for them to be overly protected.

When your child gets a minor injury, teachers will be supportive and sympathetic. They will also encourage your child to participate in the first-aid process at whatever level is appropriate in order to develop a sense of competence and independence.

It's awfully hot/cold outside -- will you keep my child indoors today so she/he won't get sick?

Child Care Licensing Regulations require children to spend at least an hour a day outdoors, except in most extreme weather conditions. We will make sure your child is dressed for the season and is out an appropriate length of time. Despite the common belief that children get sick from being outdoors, illness in child care settings is actually reduced by taking children out of the closed environments and into the fresh air.

Can I visit my child in-between classes or on my day off?

Yes!! We have an "open-door" policy, which means that you are welcome and even encouraged to drop in and visit at any time. We welcome your involvement in the classroom and know that you will feel more comfortable about leaving your child if you have seen our teachers in action.

I don't want my child's mother/father to pick up our child anymore. Can you put a note in my child's file about this?

In the event of a divorce or separation, we are required to release the child to either parent unless a court order states otherwise. Parents of divorce should submit a copy of the court order, divorce decree, or other legal documentation to prevent an unauthorized pickup by the non-custodial parent. Documentation must be kept in the child's file. This will be kept confidential.

I am really excited about what I see at the Center --How can I help out here?

We have a Parent Advisory Committee that supports the Center. Please let the Director or Curriculum Coordinator know if you are interested in participating on the committee. You are welcome to volunteer in the classroom, for fundraising events, and special activities also. Skills like sewing, carpentry, baking, etc., and expertise in areas such as history, other cultures, gardening, etc. are wonderful to share with the staff and children. We just like to have you visit and spend time in the classroom. It is a great opportunity for you to see the excitement of your child's day at the Center.

(Students) If my class gets canceled, am I still charged for my child's scheduled care?

Yes. You may use that time to study, run errands, shop, etc. as long as you notify us of your whereabouts in case of an emergency, or have an emergency contact number on file.

If my child becomes ill, am I still charged for my scheduled care?

Yes. The fee structure is set up as tuition. There are no refunds or credits for days missed or for days when the college is closed. There are a certain number of absences, holidays, and inclement weather days, factored into the tuition when it is determined. If

credit were given each time a child was home ill, stayed home with grandparents, took a vacation, etc. the program could not afford to pay the teachers a worthy wage and most likely would not be able to afford to operate. This program is dedicated to quality for the children that are served. Quality equates to qualified staff. To retain quality staff, it is essential that they be able to count on a steady, guaranteed income that they deserve and are entitled to receive.

CIVIL RIGHTS COMPLAINT PROCEDURE

Missouri Department of Child and Adult Care Food Program

Any person alleging discrimination based on race, color, national origin, sex, age, or disability has a right to file a complaint within 180 days of the alleged discrimination action. Under special circumstances the Office of Minority Affairs may extend this time limit. All civil rights complaints, written or verbal, shall be accepted and forwarded to the Civil Rights Division through the Mountain Plains Regional Office or the MDOH-CACFP. The complaint shall contain the following information:

- ★ Name, address, and telephone number or other means of contacting the complainant;
- ★ The specific location and name of the entity delivering the service or benefit;
- ★ The nature of the incident or action that led the complainant to feel discrimination was a factor or an example of the method of administration, which is having disparate effect on the public;
- ★ The basis for which the complainant feels discrimination exists;
- ★ The names, titles, and business addresses of persons who may have knowledge of the discriminatory action; and
- ★ The date during which the alleged discriminatory actions occurred, or if continuing, the duration of such action.

The complaint will be reviewed and acted upon by Mountain Plains Regional Office.

NON-DISCRIMINATION POLICY

It is the policy of Jefferson College that no person shall, on the basis of age, ancestry, color, creed, disability, genetic information, marital status, national origin, race, religion, sex, gender identity or expression, sexual orientation, or veteran status, be subject to discrimination in employment or in admission to any educational program or activity of the College (to include the Jefferson College Child Development Center).

POLICY CHANGES

Policies and procedures in the Family Handbook are subject to change. Written notification of changes will be provided to families and revised information and policies will supersede the current Family Handbook Information.

CAMPUS MAP

